

OCTOBER 2019

Marmaduke Junior/Senior High

Lunch is served with a choice of milk, 100% juice, or Ice water to 7th – 12th grade.

Monday

Tuesday

Wednesday

Thursday

Friday

Meatloaf OR 1
Rib Patty Sandwich
Scallop Potatoes
Blackeyed Peas
Pineapple Tidbits

Chili Cheese Tots 2
OR Hot Dog
Coleslaw
Corn
Fresh Fruit

Beef Fiestada Pizza 3
OR Turkey Wrap
Baked Chips
Pickle Spears
Shredded lettuce/tomato
Tropical Fruit Mix

Walkin' Tacos 4
OR Crispito
Tossed Salad w/ Ranch
Black Beans
Strawberries & Bananas

Chicken and Rice 7
w/ Hot Roll
OR Ham & Cheese Sandwich
Green Peas
Sweet Potatoes
Spiced Apples

Scrambled Eggs 8
Ham/Biscuit/Gravy
OR Rib Patty Sandwich
Hashbrown
Tomato/Green Pepper
Orange Wedges

Chicken nuggets 9
OR Grilled Cheese Sandwich
Mashed Potatoes w Gravy
Mixed Vegetables
Pineapple Tidbits

Cheeseburger 10
OR Spicy Chicken Sandwich
Baked Chips
Baked Beans
Lettuce/tomato/pickles
Mandarin Oranges

FALL BREAK 11
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FALL BREAK 14
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Ham Stromboli 15
OR Hot Dog
French Fries
Corn
Fruit Cocktail
Rice Krispie Treat

Chicken & Noodle w/ Roll 16
OR Chicken Sandwich
Broccoli
Carrots
Peaches

Pepperoni Pizza OR 17
Burrito
Tossed Salad w/ Ranch
Celery
Fresh Fruit

Chicken Parmesan 18
OR Hamburger
California Blend Vegetables
Green Beans
Apple Sauce

Chili Mac OR 21
Hot Dog
Fresh Corn
Green Beans
Applesauce
Cinnamon Roll

Chicken Sandwich 22
OR Loaded Baked Potato
Steamed Broccoli
Squash Casserole
Fruit Salad
Graham Crackers

Country Steak w/ Roll 23
OR Chicken Sandwich
Mashed Potatoes w/ Gravy
Green Beans
Peaches

Sausage Pizza 24
OR Spicy Chicken Sandwich
Tossed Salad w/ Ranch
Baby Carrots
Fresh Fruit

Vegetable Beef Soup 25
Grilled Cheese Sandwich
OR Hamburger
Crackers
Carrot Sticks
Corn Applesauce

Cheeseburger OR 28
Chicken Sandwich
French Fries
Lettuce/Tomato/Pickles
Pineapple Tidbits

Turkey Wrap 29
OR Pizza Stick
Baked Chips
Corn
Lettuce/Tomato
Fresh Fruit

Chicken Strips OR 30
Ham and Cheese
Macaroni and Cheese
Sweet Potatoes
Green Beans
Frozen Juice Cup

Cheese Pizza 31
OR Crispito
Tossed Salad w/ Ranch
Baby Carrots
Fruit Cup
Wacky Cake

